

## MEETING MINUTES

Meeting Name:	Fairfax Prevention Coalition
Meeting Date:	1/10/24
Meeting Time:	1:00pm-3:00pm
Venue:	Virtual
Attendees:	Asenath Ndamukong (Maternal and Health Program, HD), Anis Saccoh (WHPP), Emily McPhie (Alanon/Alateen); Paul Woods (NCS), Marlon Murphy (Office of Fire Chief/Fire Dept); Jeanine Finch (CareFirst BCBS); Josh McQuiston (NCS); Maia Cecire (Health Advisory Board Member Franconia District); Dr. Jaber (Deputy Director of Medical Services, HD); Patricia Moreno (Anthem Healthkeepers), Linda Watkins (Injury Prevention and Outreach, INOVA), Brian Anderson (WHPP), Carrie Cannon (Health Promotion Coordinator, HD); Anect Rivas-Mattei (DEA Outreach), Lori Naveda (FPC Coordinator)

### Meeting Notes:

**Presentation:** Asenath Ndamukong -Maternal and Child Health Program with the Health Department:

1. Parental services (entry of care)
2. MCH home visiting program (nurse family partnership, maternal health field nursing, healthy family Fairfax (DFS). Partnership with other community entities for services and resources. Service pregnant women, infant, and children up to age 2. Low income and high risk (domestic violence, abuse etc.) clients served.
3. Nurse family program: first time pregnant women 28weeks gestation up until 2yrs old; restricted to high need zip codes; grant funded program. Healthy family Fairfax (pregnancy up to 3yrs and focuses on child abuse and neglect)
4. Health education and screenings services
5. WIC (nutrition program), Car-seat program (focus on child safety and offered in Spanish and English), immunization (for infant and adult) required school vaccines are free.

**Pregnancy and SUD impact on maternal health:** Discuss opioid impact on pregnancy, benefits of home visiting services with SUDS clients. Discusses role of public health nurse specialist.

[Maternal and Child Health | Health \(fairfaxcounty.gov\)](#)

### FPC Updates:

**Review of the FPC Logic Model and Strategic Plan. Next steps to include an update of the plan in the coming months.**

### Opioid Updates:

**Community Events-** Talk.They Hear You presentation scheduled at the Vienna Community Center/Teen Center on 1/10/24. REVIVE training will take place at the same location on 4/17/24. George Mason Student Health Advisory Board (SHAB) will partner with the FPC and will provide Rapid REVIVE (and other resources) on the campus this April.

**FentAlert Challenge**- SAMHSA is seeking the best ideas from U.S. youth, aged 14-18, on a community strategy to increase youth awareness, education, and prevention around the dangers of fentanyl, especially the hidden dangers of fake pills and other contaminants that can lead to drug overdose deaths.

Submission start/End: December 1, 2023, to February 26, 2024, 6pm ET

Judging: February/March 2024

Winner Announced: April 2024

The FPC has identified several organizations to share this information and disseminate it to our youth. Please continue to spread the word and share with as many youth-based organizations.

**DEA Drug Take Back-** The next DTB event will take place on April 27, 2024. Please continue to spread the word about this upcoming event. Discussed volunteer opportunities during the event and leading up to.

**Opioid Overdose and Naloxone Education (REVIVE Trainings)**- Opioid Overdose and Naloxone Education training (REVIVE kit training) teaches people how and when to administer naloxone to reverse a heroin/opioid overdose. Please spread the word.

**Alcohol Updates:**

**Talk.They Hear You**- for parents and caregivers of children, teens, and young adults, to help you start and continue having conversations about underage drinking and substance use prevention throughout a child's development. Continue to spread the word.

To request a presentation for your group, contact the Wellness, Health Promotion and Prevention team at [CSBPrevention@fairfaxcounty.gov](mailto:CSBPrevention@fairfaxcounty.gov).

**Fun and Festive for Everyone flyer**- Ways to make everyone feel welcome. The Fun and Festive for Everyone flyer provides helpful tips and mocktails that everyone can enjoy. Share this flyer with our community.

**Non-Alcoholic Drink Messaging**-January is considered by many as "Dry January". How can we continue to share this same message throughout the year?

During the April FPC Monthly Meeting, Barbara de Nekker with Community-The Anti-Drug Coalition (CTAD) will be joining us to share information about positive prevention messaging (and the negative

impact of scare tactics).

**Other FPC Updates:**

**Young Adult Survey-** (18-25 yr. olds) which is an anonymous, voluntary survey, aimed at Virginia residents (or must live in VA) will be disseminated starting on January 15, 2024, and will be available until April 15, 2024. In this survey, questions are asked about alcohol, tobacco/vaping, prescription drug and other drug use, marijuana/cannabis, over the counter (OTC) medications, stimulants, mental health, and gaming/gambling.

This statewide survey of young adults was developed in partnership with Virginia’s Office of Behavioral Health and Wellness (OBHW) at the Department of Behavioral Health and Developmental Services (DBHDS) and their partner, OMNI Institute, a nonprofit organization working with Community Service Boards (CSBs) and coalitions across Virginia.

Information regarding the Young Adult Survey will be sent in a separate email with more info and details.

[34th Annual National Leadership Forum/CADCA Conference](#)- January 29, 2024-February 1, 2024, located at the National Gaylord Hotel in Maryland.

-Monday, January 29th is SAMHSA’s Prevention Day; Free to all attendees; register now.

**Resource Sharing:**

**Anthem Healthkeepers: Grant available for community foundation money. Mental health grant available at <https://elevancehealth.foundation/for-grantseekers>**

**New Alateen group** held the 2nd and 4th Fridays at 7pm in Reston, Virginia at St. John Newman Catholic Church. Flyer provided. Available for Ages 11-19<sup>th</sup>

**[Reality Check Program \(INOVA\)](#)**- The dates for the upcoming year are: **March 16, May 18, July 13, September 14, and October 19.** Reality Check will begin in March 2024 due to flu precautions at the hospital. Mark your calendars for these dates.

Action Items:			
No.	Description:	Responsible party/parties:	Due by:
1.	<a href="#">FentAlert Challenge</a> -please share with all your youth organizations and partners	All FPC Members	February 26, 2024, is the deadline
2.	<b>Opioid Overdose and Naloxone Education (<a href="#">REVIVE Trainings</a>)</b> - please share with the community and community partners	All FPC Members	ongoing

3.	<a href="#">Talk.They Hear You presentation</a> - please share with the community and community partners	All FPC Members	ongoing
4.	<a href="#">Fun and Festive for Everyone flyer</a> - please share with the community and community partners	All FPC Members	ongoing

Other: Other: Next FPC meeting is scheduled for February 14, 2024.  
<https://www.fairfaxpreventioncoalition.com/>