

MEETING MINUTES

Meeting Name:	Fairfax Prevention Coalition
Meeting Date:	12/13/23
Meeting Time:	1:00pm-3:00pm
Venue:	Virtual
Attendees:	Lori Naveda (FPC Coordinator); Tauheedah Washington (Mobile Moms); Raymond Paden (WHPP); Emily McPhie (Alanon/Alateen); Jennifer Feltes (Epidemiologist with the Health Department); Ashley Summers (Dominion Hospital); Paul Woods (NCS); Carrie Cannon (Health Promotion Coordinator, HD); Asenath Ndamukong (Maternal and Health Program with the Health Department); Zubair Saeed (NCS); Yuri Coronado (WHPP); Anis Saccoh (WHPP)

Meeting Notes:

Presentation: Mobile MOMS, presented by CEO/founder, Tauheedah Washington

Mobilemoms07@gmail.com | 202-440-7111

Website: <https://tauheedahwashingto.wixsite.com/mobilemomstauheedah/>

Mobile Moms Video: <https://www.youtube.com/watch?v=hMxnKI9ZWbg>

-Mobile Moms, a 501c3 non-profit organization that is committed to supporting mothers and families as they heal and rebuild after the loss of a child.

-The mission is to provide a safe space for mothers and families, to find support, healing, and empowerment, as they move forward.

-Provides community connections, workshops, fun events, monthly virtual calls, monthly newsletters, weekly podcasts, and so much more.

-Additionally, the Tajir Williams Scholarship Fund was established and provides financial support to deserving students.

FPC Updates:

Opioids:

- Opioid workgroup- continuing to look at community events on a quarterly basis.

-The FPC and GMU SHAB (Student Health Advisory Board) partnered together to bring REVIVE to the GMU campus. 18 participants participated and were provided with Narcan and Overdose Kits.

-The FPC partnered with the Vienna Community Center/Teen Center and provided REVIVE to 18 participants. More programming will be provided in the coming months.

-The workgroup identified an opportunity for our local youth to take part in the [SAMHSA's Fent Alert Challenge](#)- please provide this to your networks and any youth that might be interested.

-Additional resource: [Sesame Street Muppets help young kids affected by opioid epidemic : Shots - Health News : NPR](#)

Alcohol:

- Continue to provide the [Fun and Festive for Everyone flyer](#) to our community.

Other FPC Updates:

- Young Adult Survey (18-25 yr. olds) which is an anonymous, voluntary survey, aimed at Virginia residents (or must live in VA) will be disseminated starting in mid- January 2024 and will be available until April 2024. In this survey, questions are asked about alcohol, tobacco/vaping, prescription drug and other drug use, marijuana/cannabis, over the counter (OTC) medications, stimulants, mental health, and gaming/gambling.
-More details will be shared in the January 2024 meeting
-For more details about the survey, check out the [Virginia Social Indicator Summary Dashboard](#)
- [34th Annual National Leadership Forum](#)/CADCA Jan 29, 2024-February 1, 2024, located at the National Gaylord Hotel in Maryland.
-Monday, January 29th is SAMHSA's Prevention Day; Free to all attendees; register now.
- Community Coalitions of Virginia monthly meeting
-If anyone is interested in attending, please join. There are a lot of great speakers, updated information and ways to connect with other coalitions.
-The next meeting is scheduled for January 8, 2024, at 11am. [Registration provided.](#)
- Tobacco Free Alliance of Virginia quarterly meeting updates:
-Next meeting is scheduled for March 2024 (exact date-TBD)

Resource Sharing:

New Alateen group, held the 2nd and 4th Fridays at 7pm in Reston, Virginia at St. John Newman Catholic Church. Flyer provided.

Dominion Hospital/Reston Hospital- Women's Postpartum and Perinatal Mental Health Unit – Outpatient (Partial Hospitalization and Intensive Outpatient Services)

<https://www.jcada.org/>

[Domestic Violence Action Center \(DVAC\) | Family Services \(fairfaxcounty.gov\)](#)

[Healthy Minds Fairfax | Healthy Minds Fairfax \(fairfaxcounty.gov\)](#)

Action Items:			
No.	Description:	Responsible party/parties:	Due by:
1.	Safe Disposal flyer and Fun and Festive for Everyone flyer. Located on the FPC website . Continue to share these resources.	All FPC Members	ongoing
2.	REVIVE! Open enrollment trainings are available (English and Spanish). Continue to share this resource.	All FPC Members	ongoing
3.	Talk. They Hear You. Open enrollment presentations are available (English and Spanish). Continue to share this resource.	All FPC Members	ongoing
4.	Meeting minutes -Volunteer to take the minutes for upcoming meeting(s). Support will be provided. If interested, please contact Lori Naveda .		ongoing
5.	34th Annual National Leadership Forum/Prevention Day	All FPC Members	ASAP

Other: Next FPC meeting is scheduled for 01/10/2024

[Fairfax Prevention Coalition | Working toward a healthy and safe community free of substance misuse..](#)