

MEETING MINUTES

Meeting Name:	Fairfax Prevention Coalition
Meeting Date:	3/13/2024
Meeting Time:	1:00pm-3:00pm
Venue:	Virtual
Attendees:	Chuck Reinhard (FCPD), Natalie Gospodinoff (Tobacco Control Coordinator-Health Department), Emily McPhie (Al-Anon), Toiya Godfrey (NCS), Zubair Saeed (NCS), Jeanine Finch (CareFirst), Yuri Coronado Prieto (WHPP), Ellen Volo (FX Opioid and Substance Use Task Force Coordinator), Josh McQuiston (NCS), Karen De Mijango (NCS), Lauren Lubberda (Second Story), Anis Saccoh (WHPP), Mary Righi (GMU), Kelsey Rohan (Second Story intern), Raymond Paden (WHPP), Asenath Ndamukong (Health Department), Marla Zometsky (NCS), Linda Watson (INOVA Injury Prevention Coordinator), Anna Parisi (GMU), Marvin Quintero (Northern Virginia Family Services), Marlon Murphy (County Executive Office), Ashley Whittaker (SMVF Regional Navigator), Kierystan Johnson (WHPP), Lori Naveda (FPC Coordinator/WHPP)

FPC Updates:

The opioid work group continues to partner with local community events to share and bring awareness to opioid overdose prevention resources. This includes Opioid Overdose and Naloxone Education (REVIVE) and other opioid related initiatives.

Upcoming events:

- **April 5, 2024**, from 5-8:30pm- FPC will partner with the Healthy Minds Fairfax Youth Advisory Council (HMF-YAC) for the Bridging Minds Youth Art Gallery - a youth lead event raising awareness about mental health and wellness. FPC will have a table set up with resources for the community.
- **April 17, 2024**, Customized REVIVE trainings (one for parents, another for youth- ages 16+). Please share with your networks, as it is open for all Fairfax County community members to attend. Location: Vienna Community Center/Teen Center.
- **April 23, 2024** from 11-2pm, In partnership with George Mason University (The Student Health Advisory Board), FPC will provide Rapid REVIVE and share prevention resources on the GMU campus.

National Drug Take Back Day- April 27, 2024, 10am-2pm, located at nine sites. [Flyers](#) and posters will be available for dissemination. FPC members can help by spreading the word, passing out flyers and encouraging our community to dispose of their unused and expired medications safely. FPC members are encouraged to volunteer. During the event, resources will be provided. FPC members can attend and interface with community members about the available resources. Contact Lori if you

are interested in volunteering. FPC members will receive a separate email, providing detailed information and electronic flyers.

National Fentanyl Awareness Day- May 7, 2024

FPC plans to highlight FAD:

- Fentanyl Awareness Day information and social media imaging will be shared on the CSB website beginning mid-April. Please feel free to share with your networks.
- REVIVE training to be facilitated at 6pm (virtually via TEAMS). [Flyer provided.](#)
- Let Lori know what you or your organization may be doing to bring awareness on this day.

Opioid Overdose and Naloxone Education video

The Fairfax-Falls Church CSB created an opioid overdose and naloxone education video. Explaining signs, symptoms, and how to appropriately respond to an opioid overdose emergency with the administration of Naloxone.

[Opioids | Topics \(fairfaxcounty.gov\)](#)

April is Alcohol Awareness Month

Members shared:

- Zubair Saeed (NCS) meeting with FCPS to discuss alcohol consumption and its links to cancer
- 6-week road to health program, participants meet 1 day a week to learn about diabetes (beginning in April)
- Alanon delivers alcohol awareness information to families. If there's anyone who is a family member of someone who uses alcohol, please refer them to Alanon. Some meetings welcome observers, to observe a meeting, reach out to Emily McPhie for more information.
- **Talk. They Hear You (TTHY)**

Talk. They Hear You is a national youth substance use prevention campaign that helps parents and caregivers, educators, and community members get informed, be prepared, and act to prevent underage drinking and other substance use. Continue to spread the word. To request a presentation for your group, contact the Wellness, Health Promotion and Prevention team at CSBPrevention@fairfaxcounty.gov.

- **Fun and Festive for Everyone Flyer**

The [flyer](#) encourages people to choose non-alcoholic fun by providing helpful tips and mocktails that everyone can enjoy. This ensures that everyone can be included in fun activities. Share this flyer with your networks and the community.

Other FPC Updates:

Positive Prevention Messaging Presentation- April 10, 2024

During the April 10, 2024, FPC monthly meeting, there will be a presentation by Barbara de Nekker of Community the Anti-Drug (CTAD) who will share information about positive prevention messaging. This will give viewers the skills to merge the language around prevention to positive, non-biased, and emotionally compelling messaging, without including scare tactics. Feel free to share with others in the community. [Flyer](#) and registration information provided. A separate Zoom link will be provided for this meeting.

Young Adult Survey

- The Young Adult Survey (YAS) is a statewide survey of young adults ages 18-25 to better understand young adults’ experiences with substance use, mental health, and other related topics to provide targeted prevention services across Virginia.
- \$15 gift cards are issued for participation.
- Please share and get information out to the young adults in your networks and community.
- [Flyer provided.](#)

Community Coalitions of Virginia (CCOVA)

Community Coalitions of VA (CCoVA) have monthly meetings, usually first Monday of each month. This is an opportunity to see presentations and programming information that may be helpful in your work and learn about additional prevention resources. FPC members can attend. Lori will share meeting information for those who are interested.

Tobacco Free Alliance of Virginia (TFAV)

Very informative regarding tobacco policies, systems, and environments to promote a tobacco free, healthy life. Meetings are quarterly. Lori will share meeting information for those who are interested in attending.

[Tobacco Free Alliance of Virginia – Tobacco Free Alliance of Virginia \(tobaccofreeva.org\)](http://tobaccofreeva.org)

Resource Sharing:

Live Vape Free

A free service for teens and parents offering professional support and expert advice to help teens quit vaping. Services are being offered to teens and young adults ages 13-26.

[LiveVapeFreeVA – Professional support for teens quitting vaping.](#)

Tobacco Free Tuesdays

Tobacco Free Tuesday’s- Subscribe to receive TFT webinar invitations by sending us an email at TobaccoControl@vdh.virginia.gov.

 [VDH Tobacco Control Program Newsletter - March 2024 \(govdelivery.com\)](#) (Newsletter)

Fairfax- Falls Church CSB- May 3, 2024, 12-3p

The Celebration of Acceptance- Recognizing PRIDE through children’s mental health awareness and inclusion event needs youth registrants. Please share with your networks. Flyer includes registration information.

Additional links:

[Prevention Intervention Resource Center - High Intensity Drug Trafficking Areas \(hidta.org\)](http://hidta.org)

Action Items:			
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No.	Description:	Responsible party/parties:	Due by:
1.	DEA Drug Take Back If interested in volunteering, please contact Lori Naveda	All FPC members	April 24, 2024
2.	Opioid Overdose and Naloxone Education (REVIVE Trainings) - please share with networks and the community	All FPC	Ongoing
3.	Talk.They Hear You presentation - please share with networks and the community	All FPC	Ongoing
4.	Fun and Festive for Everyone flyer - please share with networks and the community	All FPC	Ongoing
5.	Young Adult Survey (targeting ages 18-25), please share with networks and the community	All FPC	April 15, 2024
6.	National Fentanyl Awareness Day - please report what you or your organization will do to bring awareness to fentanyl.	All FPC	May 7, 2024
7.	Sponsored Opioid Overdose and Naloxone Education Training (for Fentanyl Awareness Day) , held on May 7, 2024, at 6pm. Please share this training opportunity.	All FPC	May 7, 2024

Other: The April 10, 2024, FPC meeting will be held on another link. The Community-The Anti-Drug Coalition (CTAD) will be presenting on Positive and Effective Prevention Messaging. Please register and you will obtain a separate link for this session. For any questions, please contact [Lori Naveda](#) directly.