

MEETING MINUTES

Meeting Name:	Fairfax Prevention Coalition
Meeting Date:	2/14/24
Meeting Time:	1:00pm-3:00pm
Venue:	Virtual
Attendees:	Emily McPhie (Alanon/Alateen); Natalie Gospodinoff (Health Department), Carrie Cannon (Health Department), Tauheedah Washington (Mobile Moms organization); Amy Smith (CSB/WHPP), Lauren Luberdia (Second Story), Colleen Greaney (Recovery Centers of America), Olga Carrillo (NCS), Zubair Saeed (NCS), Stefan Mascoll (FCPS) Mary Righi (GMU), Jennifer Feltes (Health Department), Anna Parisi (GMU), Marvin Quintero (NVFS), Raymond Paden (CSB/WHPP) Jeanine Finch (CareFirst BCBS); Josh McQuiston (NCS); Chuck Reinhard (FFX Police), Anis Saccob (CSB WHPP) , Marla Zometsky (NCS), Lori Naveda (FPC Coordinator/CSB WHPP)

Meeting Notes:

Opioid Updates:

The opioid work group continues to focus on involvement with local community events and spreading the word about opioid overdose resources, Opioid Overdose and Naloxone Education (REVIVE) and other opioid related initiatives.

Upcoming events:

- Vienna Community Center/Teen Center, Revive training in April.
- Partnering with George Mason University (The Student Health Advisory Board). Rapid REVIVE (and other resources) tabling event on the GMU campus.
- Partnering with NCS, The Youth Art Gallery - a youth lead event raising awareness about mental health and wellness.

FentAlert Challenge- SAMHSA is seeking the best ideas from U.S. youth, aged 14-18, on a community strategy to increase youth awareness, education, and prevention around the dangers of fentanyl, especially the hidden dangers of fake pills and other contaminants that can lead to drug overdose deaths.

Submission start/End: December 1, 2023, to February 26, 2024, 6pm ET

Judging: February/March 2024

Winner Announced: April 2024

The FPC has identified several organizations to share this information and disseminate it to our youth. Please continue to spread the word and share with as many youth-based organizations.

DEA Drug Take Back- The next DTB event will take place on April 27, 2024. Please continue to spread the word about this upcoming event. Flyers and posters will be available. Volunteer opportunities are available anytime during the event, (10am-2pm). If you are interested, please contact Lori Naveda at Lori.Naveda@fairfaxcounty.gov.

Opioid Overdose and Naloxone Education ([REVIVE Trainings](#))- Opioid Overdose and Naloxone Education training (REVIVE kit training) teaches people how and when to administer naloxone to reverse a heroin/opioid overdose. Trainings are offered in English and Spanish. Please spread the word.

Fentanyl Awareness Day – May 7, 2024 – Addressed ways that the coalition members can promote FAD.

Ideas discussed to help raise awareness.

- Health Department sharing 2023 infographic on opioid misuse .
- Promote the [Fairfax Health District Opioid Dashboard](#)
- Personnel testimonies and conversations with others
- GMU students sharing information to other students and faculty.
- Possible Tagline to encourage community members to engage with opioid resources – “avoiding the conversation, does not avoid the risk”.
- Share [Opioid Overdose Prevention Toolkit](#) offered in English/Spanish
- FPC will host a virtual event, providing free Naloxone mailed to attendees. Flyers will be available.

Alcohol Updates:

April – Alcohol Awareness month.

Ideas discussed to help raise awareness.

- Coalition members wear red to raise awareness about the importance of alcohol awareness.
- Disseminate the Fun and Festive Flyer (available on the FPC website)
- Promote Talk.They Hear You (SAMHSA)
- FPC partner with local restaurants. Festive Flyers disseminated with takeout orders.
- Provide more awareness to our community members, families, youth about Alanon-Alateen
- Beginning in April, Zubair Saeed (NCS) is raising awareness about alcohol consumption, providing a six-week program for 1 hour in community-based settings.

[Talk.They Hear You](#) - for parents and caregivers of children, teens, and young adults, to help you start and continue having conversations about underage drinking and substance use prevention throughout a child’s development. Continue to spread the word. To request a presentation for your group, contact the Wellness, Health Promotion and Prevention team at CSBPrevention@fairfaxcounty.gov.

[Fun and Festive for Everyone flyer](#)- Ways to make everyone feel welcome. The Fun and Festive for Everyone flyer provides helpful tips and mocktails that everyone can enjoy. Share this flyer with our community.

Other FPC Updates:

Positive Prevention Messaging Presentation given by Community-The Anti-Drug Coalition. During the April 10th FPC Monthly Meeting, Barbara de Nekker with CTAD will be joining us to share information about positive prevention messaging (and the negative impact of scare tactics). Flyers and registration link will be available to all who want to attend.

Young Adult Survey- (18-25 yr. olds) which is an anonymous, voluntary survey, aimed at young adults residing in Virginia (or attends college in VA) will be disseminated starting on January 15, 2024, and will be available until April 15, 2024. In this survey, questions are asked about alcohol, tobacco/vaping, prescription drug and other drug use, marijuana/cannabis, over the counter (OTC) medications, stimulants, mental health, and gaming/gambling.

[Young Adult Survey on Substance Abuse & Mental Health - Fairfax Prevention Coalition](#)

Harris Teeter medication bags- the FPC continues to partner with Harris Teeter, who will be providing another year of medication bags to individuals filling/picking up medications. The medication bags provide marketing about resources such as FPC, KnowRX, Safe Disposal of Medications, Opioid Overdose and Naloxone Education, etc.

Resource Sharing:

[-Seniors Guide to Fentanyl](#)

-An Opioid overdose/Naloxone ten-minute educational video offered in English/Spanish will be available on the Opioid Taskforce website. Watching the video does not come with Naloxone.

[Opioid Overdose and Naloxone Education \(REVIVE! Kit Training\) | Community Services Board \(fairfaxcounty.gov\)](#)

-**Tobacco Control Program** – Virginia has a dashboard available about adults and smokeless tobacco use/vaping. In the works is a dashboard for young adults around tobacco/tobacco misuse. The Fairfax County youth survey is also available. – [Tobacco Use Data Dashboard - Tobacco Free Living \(virginia.gov\)](#)

-**New Alateen group** held the 2nd and 4th Fridays at 7pm in Reston, Virginia at St. John Newman Catholic Church. Flyer provided. Available for Ages 11-19th

-**Reality Check Program (INOVA)**- The dates for the upcoming year are: **March 16, May 18, July 13, September 14, and October 19.** Reality Check will begin in March 2024 due to flu precautions at the hospital. Mark your calendars for these dates.

Action Items:			
No.	Description:	Responsible party/parties:	Due by:

1.	FentAlert Challenge -please share with all your youth organizations and partners	All FPC Members	February 26, 2024, is the deadline
2.	DEA Drug Take Back -interested in volunteering, please contact Lori Naveda	All FPC members	April 24, 2024
3.	Opioid Overdose and Naloxone Education (REVIVE Trainings)- please share with the community and community partners	All FPC Members	ongoing
4.	Talk.They Hear You presentation - please share with the community and community partners	All FPC Members	ongoing
5.	Fun and Festive for Everyone flyer - please share with the community and community partners	All FPC Members	ongoing

Other: Next FPC meeting is scheduled for March 13, 2024
<https://www.fairfaxpreventioncoalition.com/>