

MEETING MINUTES

Meeting Name:	Fairfax Prevention Coalition
Meeting Date:	January 11, 2023
Meeting Time:	1:00pm-3:00pm
Venue:	Virtual
Attendees:	Joy Sweeney (CADCA), Tyler Boothe (CADCA), Emily McPhie (Al-Anon), Carrie Cannon (Health Department Regional Tobacco Control Coordinator), Mary Righi (GMU), Ashley Summers (Dominion Hospital), Lori Naveda (FPC coordinator/WHPP), Ellen Volo (Fairfax County Opioid and Substance Use Task Force Coordinator), Patricia Moreno (Anthem Healthkeepers), Jeanie Finch (CareFirst), Anis Saccoh (WHPP), Raymond Paden (WHPP), Berkeley Gerstner (WHPP), Kierystan Johnson (WHPP), Katie Scipione (WHPP), Marla Zometsky (WHPP), Anect Rivas (DEA), Maura Gaffney (DEA), Jennifer Brophy (Health Department), Reanna Jacobson (Fairfax County Police Department/Community Outreach Officer, Fair Oaks District Station), Jonathan Melendez (NCS), Wendy Hunt (WHPP), Claudia Bravo (WHPP), Rich Genus (Patrol Bureau Division), Stefan Mascoll (Prevention Coordinator, FCPS), Katina Matthews (NCS), Tony Humphrey (NCS), Francisco Klockner (Fairfax County Gang Prevention Coordinator), Chrissy Cunningham (NCS), Ellen Volo (FX Opioid and Substance Use Task Force Coordinator)

Meeting Notes:

Spotlight Presentation: Snapshot of Opioids in the DMV, Maura Gaffney, Intelligence Analyst, DEA

- Opioid crisis poses the most serious drug threat throughout the Washington Division Office area (DC, Virginia, and Maryland).
- Heroin/Fentanyl, are readily available throughout most of the division, highest in Baltimore, lowest in Roanoke; Significant quantities of illicit opioids supplied from New York, Philadelphia, and Southwest border states; Transported by personal or rental vehicles, bus, tractor-trailers, and mail services.
- Fake pills, pills that appear to be Oxycodone, Percocet, or Xanax, contain fentanyl; Availability has rapidly increased throughout the division since 2019, prevalent in the DC area; Sourced from Mexico and the dark web and made in the US; Dangerous to consumers.
- Rainbow pills, multi-colored fentanyl pills have been reported in the US since 2020 but increased significantly in 2022; not all multi-colored pills are fentanyl, Blue M30 pills almost all are, but pills with other random shapes are more likely to be methamphetamine and/or synthetic cathinones; DEA divisions report primary source for these rainbow pills in Mexico; the primary motivation for these pills is marketing.

- Opioids and other drugs, most cocaine and methamphetamine-related overdose deaths occur in combination with opioids; mass overdoses of fentanyl-laced cocaine have occurred in Fairfax County and DC within the last year.
- Emerging trend: Nitazenes, Isotonitazene, metonitazene, and protonitazene are novel opioids, structurally dissimilar to fentanyl, that have been reported in several states; Regional forensic laboratories identified these opioids for the first time in the latter half of 2021, most often combined with fentanyl, but sometimes appeared on their own.
- Emerging trend, Xylazine: Animal tranquilizer, illicit opioid adulterant, known as tranq or tranq dope, not responsive to naloxone.
- Controlled prescription drugs, CPD abuse remains a serious problem; prescriptions written by health care providers and fraudulent prescriptions are common diversion methods; pharmacy burglaries regularly reported.
- Rx opioid-related poisoning deaths seem to be decreasing since the last data reported in July 2022.

For additional local opioid information, please visit the Fairfax County Opioid dashboard: [Opioid Overdoses in the Fairfax Health District | Health \(fairfaxcounty.gov\)](#) Updated monthly.

REVIVE! trainings are available to the community on a weekly basis: [REVIVE! training to prevent opioid overdoses | Community Services Board \(fairfaxcounty.gov\)](#)

FPC Updates:

Opioid Workgroup - Working on social media posts and working to identify youth community members to pull it together. Identifying community partners, we can reach out to and provide resources. How do we market the information and get it into the community.

Alcohol Workgroup - Working to get the Talk They Hear You (TTHY) presentation out into the community. Connecting with community partners and organizations. All the TTHY material is provided if interested in presenting.

Tobacco/Marijuana Workgroup - Working on a toolkit for parents/guardians/concerned adults for any substance, including tobacco and marijuana.

Campaign Workgroup - Connecting with SADD chapters in Fairfax County to partner and share data during upcoming campaigns.

Communication with Legislators:

We want to encourage everyone to share their thoughts and story to your legislatures during the General Assembly. 2023 General Assembly link to documents, [2023 General Assembly - Google Drive.](#)

Community Coalition (COCOVA): A statewide coalition of coalitions, CCoVA represents a large and small, rural, and urban community, working collaboratively to prevent and reduce substance misuse and related risk factors in VA communities. The meeting is open for anyone to attend; the FPC is a member. The meetings are held monthly to learn more. We encourage you to sign up for their newsletter.

Harris Teeter Medication Bags:

We will continue to partner with Harris Teeter to advertise and market information and provide initiatives such as REVIVE!, FPC, KnowRx, safe storage of medications and safe disposal. For 2023, we currently have 2 stores and will continue to add more as more stores are available.

Personal Protective Equipment (PPE) Kits: FPC funds will potentially be used to create PPE kits, that will be disseminated to community members during educational programming (REVIVE!)/Rapid REVIVE), etc. Kits will contain the FPC logo, along with items such as gloves, mouth guard barrier, and overdose education. FPC members were all in favor of this possible change.

Drug Disposal Survey: Jennifer Brophy, Health Department, provided preliminary data on the community survey on drug disposal results.

- 220 surveys completed to date, from 12/17/21 through 7/21/22.
- Have you ever disposed of any prescription or over-the-counter medicines you are no longer using or that have expired? Over three quarters of respondents disposed of medications.
- What kind of medications did you dispose of? 67.5% disposed of non-prescription, over-the-counter medicines and vitamins or supplements; 54.2% disposed of prescription medication for infections, like antibiotics...
- When you have medications, you are no longer using or that have expired, most dispose of them.
- When are medications disposed? Most participants dispose of them when they think of it.
- For medications that you do dispose of, how do you dispose of them? Most people are throwing them away in the regular trash. Others flush medications down the toilet and drain.
- For those who disposed of medications at a drug disposal bin or drop box, at what location was this drug disposal bin or drop box? Participants were more likely to visit pharmacy drop boxes compared to drop boxes at the police department or doctor's offices.
- From where have you received information on what to do with medications you are no longer using or that have expired? Most answered that they have always done it that way.
- A drop box is a box located in a facility where you can put medication to be disposed of. Do you know where a medication drop box is located? 28.1% were aware of a drop box location; 71.9% were not aware of drop box locations.
- Are you aware of drop box locations in any of the following places? Most were familiar with the police station and pharmacy locations.
- How did you learn of the drop box's location? Most participants learned this from a pharmacist.

Coalitions members can give the survey to community members. If interested, please reach out to Lori.

33rd Annual National Leadership Forum

The SAMHSA Prevention Day (Free) is on Monday January 30, 2023. If attending Prevention Day, you will need to register to confirm entry.

Resource Sharing:

Patricia Moreno (Anthem Healthkeepers): The second round of the Anthem Blue Cross and Blue Shield Foundation's Substance Use Disorder grant RFP will open January 1st and will run through

January 31st. There is a focus on identifying grants that advance health equity with a primary goal of improving the percentage of people receiving alcohol and/or substance dependence treatment among the most socially vulnerable communities. We will prioritize grants that are able to achieve measurable clinical outcomes within a 24-month timeframe. [Reducing Substance Use Disorder \(elevancehealth.foundation\)](http://elevancehealth.foundation)

Anect Rivas (DEA): Next Take Back Day: Saturday April 22, 2023- 10am to 2pm, <https://www.dea.gov/takebackday>

Meg Hawkins (FCPD): Communities of Trust webinar to discuss [Teen Sexting and Sextortion](#), January 25th ,Questions, please email Meg Hawkins: megan.hawkins@fairfaxcounty.gov

Stephan Mascoll (FCPS): Student Safety and Wellness office will be offering parent presentations, What parents need to know about substance use and how to talk with your children. <https://www.fcps.edu/resources/student-safety-and-wellness/alcohol-tobacco-and-other-drug-programs>

Action Items:			
No.	Description:	Responsible party/parties:	Due by:
1.	Interested in joining a FPC workgroup? Contact Lori.	All FPC Members	Ongoing
2.	Register to attend the SAHMSA Prevention Day, Monday, January 30 th (Free)	All FPC Members	ASAP

Other: Next FPC meeting is scheduled for February 8th, 1-3pm, virtually.