

## MEETING MINUTES

Meeting Name:	Fairfax Prevention Coalition
Meeting Date:	July 12, 2023
Meeting Time:	1:00pm-3:00pm
Venue:	Virtual
Attendees:	Lori Naveda (FPC Coordinator), Zubair Saeed (NCS), Wendy Hunt (CSB WHPP), Emily McPhie (AI-Anon), Linda Watkins (INOVA Injury Prevention), Aparna Krishnan (Community/Volunteer), Reanna Jacobson (FCPD Community Outreach), Ashley Summers (Dominion Hospital), Penny Walke (youth intern), Angela Bates (CSB Communications), Valencia Rodriguez (youth intern), Francisco Klockner (Juvenile and Domestic Relations), Parham Jaberri (Health Department), Anis Saccoh (CSB WHPP), Carrie Cannon (Health Department), Rich Genus (FCPD), Maia Cecire (Community), Marla Zometsky (NCS), Anect Rivas(DEA), Claudia Bravo (CSB WHPP), Ethan Meek (Fairfax Opioid and Substance Abuse Task Force), Raymond Paden (CSB WHPP), Kierystan Johnson (CSB WHPP), Karen De Mijango (NCS), June Kelly (Rotary)

### Meeting Notes:

**Presentation: [The Harms of Alcohol Consumption](#) (Zubair Saeed, Community Health Specialist Neighborhood Community Services) [zubair.saeed@fairfaxcounty.gov](mailto:zubair.saeed@fairfaxcounty.gov)**

-Black residents are 44% more likely to die before age 75 compared to Whites in Northern Virginia according to a report from the Center on Society and Health from VCU commissioned by the Northern Virginia Health Foundation.

-The INOVA Fairfax County Community Health Needs Assessment identified chronic conditions such as cancer to be a top health issue concern.

-Chronic conditions can be connected to genetics, environmental factors, tobacco use, poor eating habits, lack of physical activity, and alcohol use.

-Chronic conditions disproportionately affect persons of color, especially African Americans and studies support a link between experiences of racism and risk of chronic illness.

What can we do to support our community around these efforts? FPC members shared these ideas.

- Seeking organizations that can assist in campaign and creating awareness.
- High school peer messaging
- Presentations to guardians and care givers
- Use of Boozeless beverages at local events/Fun and Festive for Everyone flyer

### **Coalition Updates: Opioids-**

**-Upcoming event:** VA Cooperative Extension/4H, located at Frying Pan Park from 10-5, Saturday, August 5<sup>th</sup>. FPC volunteers will host a table and raise awareness about International Overdose Awareness Day and Recovery month. Rapid REIVVE will be provided.

**-International Overdose Awareness Day** (August 31, 2023)- The FPC will be promoting IOAD by sharing templates that can be provided to the community. A separate email with templates will be provided soon. Please feel free to share with your communities and spread the word.

**-Opioid Overdose and Naloxone Education (REVIVE)-** continue to promote virtual trainings in English and Spanish. Naloxone will be mailed. <https://www.fairfaxcounty.gov/community-services-board/heroin-opioids/revive>

**Drug Take Back-** Mark your calendars. The next DTB will take place on Saturday, October 28, 2023, at 9 locations in Fairfax County. More details to follow.

### **Coalition Updates: Alcohol-**

**-Fun and Festive for Everyone flyer-** Share with your organizations, family, friends, neighbors, etc.

**- Talk.They Hear You presentation.** Virtual presentations in English and Spanish available. <https://www.fairfaxcounty.gov/community-services-board/prevention/talk-they-hear-you>

**-Alcohol Bottle locks are available to the community. Please contact Lori for more details.**

### **Additional updates:**

**Young Adult Survey Update (provided by Wendy Hunt)-** To better target opioid and other drug prevention efforts, the Fairfax-Falls Church CSB shared the opinions of young adults between the ages of 18-25. The survey was anonymous and voluntary, and asked questions about the use of alcohol, prescription drugs and heroin. [Presentation provided.](#) Check out [vaxis.org](http://vaxis.org) for more details.

**Workgroups -**If you are interested or know of anyone that would be interested in joining one of the three coalition workgroups (Sustainability, Opioid and Tobacco/Alcohol), please contact [Lori Naveda.](#)

**FPC meeting minutes-** The FPC is looking for more volunteers to help with the minutes during monthly meetings. A brief meeting, explaining what is needed, will be held for all volunteers that offer to write meeting minutes. Please contact Lori Naveda, if interested.

**Community Coalition of VA (CCoVA) -** Next meeting August 7<sup>th</sup>; join the meeting using link: <https://us02web.zoom.us/meeting/register/tZUrcOuqqDluG9DGWsoly6Q1HI-RTLXfCMLf#/registration>

### **Resource Sharing:**

- Rotary Club Event - Veterans Moving Forward Tournament, will occur on the 3<sup>rd</sup> Saturday in September. Please contact June Kelly for more details.
- Talk.They Hear You presentation. Virtual presentations in English and Spanish available. <https://www.fairfaxcounty.gov/community-services-board/prevention/talk-they-hear-you>
- Parent support group available (Juvenile Domestic Relations Court); Parents addressing risky behaviors of adolescents; occurs every Tuesday from 7-8pm. For more details, contact Francisco Klockner.

Action Items:			
No.	Description:	Responsible party/parties:	Due by:
1.	<a href="#">Opioid Overdose and Naloxone Education (REVIVE)</a> - continue to promote to the community.	All FPC members	ongoing
2.	<a href="#">Drug Take Back Day</a> -October 28, 2023- continue to promote and share with the community. Community members can bring their unused and expired medications to 9 different sites in Fairfax County.	All FPC members	October 28, 2023
3.	<a href="#">Fun and Festive for Everyone flyer</a> - promote within the community.	All FPC members	ongoing
4.	<a href="#">Talk.They Hear You.</a> presentations- promote within the community.	All FPC members	ongoing
5.	FPC Workgroups- If you are interested or know of anyone that would be interested in joining one of the work groups, please contact <a href="#">Lori Naveda</a> .	All FPC members	ongoing
6.	FPC meeting minutes- looking for more volunteers to write the minutes for the monthly meetings. Please contact <a href="#">Lori Naveda</a> .	All FPC members	ongoing

Other: Next FPC meeting is scheduled for September 13, 2023, at 1pm. The August meeting has been canceled.