

MEETING MINUTES

| | |
|---------------|---|
| Meeting Name: | Fairfax Prevention Coalition |
| Meeting Date: | 3/8/2023 |
| Meeting Time: | 1:00pm-3:00pm |
| Venue: | Virtual |
| Attendees: | Lori Naveda (CSB), Maharun Naher Mia (SHAB), Emily McPhie (Alanon), Maia Cecire (Healthcare Advisory Board/Franconia District), Jennifer Feltes (Health Department), Lucy Caldwell (Health Department), Carrie Cannon (Health Department), Raymond Paden (CSB), Zubair Saeed (NCS), Anect Rivas (DEA), Marla Zometsky (CSB), Jeanine Finch (CareFirst BCBS), Chrissy Cunningham (NCS), Carolyn Probizansky (Newport Healthcare), Kirstin Sievers (Intern, Fairfax Opioid & Substance Use Task Force), Linda Watkins (injury Prevention Coordinator), Ellen Volo (FX Opioid and Substance Use Task Force Coordinator), Officer Meg Hawkins (Fairfax County Police Department/Community Outreach Officer (Sully District Station), Karen De Mijango (NCS) |

Meeting Notes:

Presentation: Maharun Naher Mia - SHAB (Student Health Advisory Board) George Mason University

- SHAB launched in January 2017 on George Mason's campus and has 26 current members.
- What does SHAB do? Social media outreach, events, and surveys.
- Campaign for policy changes, spread information about services on campus that provide mental health and medical health support.
- SHAB works in collaboration with student health services, disability services, and counseling and psychological services, and Center for the advancement of wellbeing.
- Future goals: Continue to collect data about student health and campus services, increase student outreach, work with RA's to distribute information to on-campus students especially freshman, raise awareness of value of mason health services and understaffing and underfunding issues. SHAB will continue to collaborate with the FPC, and find effective ways to disseminate community resources to students and faculty.

The FPC and SHAB will partner for a second year. They will provide RAPID REVIVE and other related resources, on the George Mason Campus, on April 25th from 11am-2pm. Volunteer opportunities are available for FPC members, to pass out information and connect with students and faculty.

FPC Updates:

Work Group Updates: If you know any community members that would be interested in joining any of the workgroups, please contact Lori.

Tobacco/Marijuana/Vaping Workgroup: gathering feedback for the tool kit. Will share with coalition members soon.

Alcohol Workgroup: continuing to share information about TTHY presentation to the community. A TTHY presentation has been scheduled on April 25th with the Vienna Community Center (Phoenix Teen Center). Additionally, working on the Festive Fun Alcohol-Free Drinks flyer, a template that highlights ways we can enjoy nonalcoholic beverages (mocktails). A resource that will be used at resource events and provided to the community.

Opioid Workgroup: identifying a standardized process on providing community resources.

Campaign Workgroup: highlighting National Drug Facts Week (March 20th – 26th)- the FPC will partner with INOVA and will provide resources, on the INOVA campus.

Additional FPC Updates:

- Drug Take Back Day - April 22 from 10-2pm- Coalition members can begin sharing the date and time of DTB. Flyers will be provided as the date gets closer. There will be 9 locations total to include a new location (Vienna PD). FPC is encouraged to volunteer and can contact Lori if interested. In the meantime, continue share the Safe Disposal flyer. This helps to increase awareness of permanent disposal sites and safe disposal information.
- FDA recommends approval of Narcan being sold over the counter. [See article for more details.](#)
- [Senate Bill 1133](#): sponsored by Democratic Sen. Adam Ebbin, would have allowed the Virginia Cannabis Control Authority to begin to issue licenses for recreational cannabis businesses on July 1, 2024. The bill was defeated.
- Youth Alcohol and Drug Abuse Prevention Project (YADAPP)- YADAPP is an opportunity for a four (4) person team of rising 9th graders through rising 12th grade students to create a peer-led substance use prevention plan for their schools and communities. Supported by an adult sponsor, YADAPP participants learn leadership skills to address common issues among youth, network with others across Virginia, and work as a team to create a prevention plan for their school or community. **If you know of any youth that might be interested in working together to develop a plan for their school or community, please contact Lori.**

Resource Sharing:

Events-

- [REVIVE! open enrollment courses](#) being offered (English and Spanish)
- [Talk. They Hear You. open enrollment courses](#) being offered (English and Spanish):
- [QPR Suicide Prevention open enrollment courses](#) being offered (English and Spanish): Spanish QPR registration link: [Meeting Registration - Zoom](#)
- Sully Police Station is hosting 4 Rapid REVIVE! classes on Wednesday, April 5 FREE 15-Minute Opioid Overdose & Naloxone Education Classes ([English](#) and [Spanish](#)). If you have any questions email: FCPDSulOutreach@fairfaxcounty.gov.
- [National Fentanyl Awareness Day](#)- May 9, 2023

- [DEA’s partner, the National Institute on Drug Abuse \(NIDA\), is gearing up for National Drug and Alcohol Facts Week- March 20-26.](#)an annual, week-long health observance that inspires dialogue about the science of drug use and addiction among youth.
- [DEA Upcoming Seminars](#)

Articles and Community Resources-

- [Fairfax Health District Opioid Dashboard](#)
- [DEA Resources for College Students and Faculty](#)
- [BORG article](#) – “Black Out Rage Gallon” on binge drinking
- [THC sports drinks: police warn parents in Fairfax County](#)

| Action Items: | | | |
|---------------|---|----------------------------|----------------|
| No. | Description: | Responsible party/parties: | Due by: |
| 1. | If you are interested in volunteering at the FPC/SHAB event on April 25 th , please contact Lori. | All members | Ongoing |
| 2. | Interested community members are welcome to join the FPC workgroups. If you know anyone who may be interested in joining, please contact Lori. | All members | Ongoing |
| 3. | Spread the word about Drug Take Back Day, April 22, 2023, from 10-2pm. Community members can dispose of their unused and expired medications at 9 locations in Fairfax County. For volunteer opportunities at one of the DTB sites, please contact Lori. | All members | April 20, 2023 |
| 4. | YADAPP-. If you know of a youth or group of youth that might be interested in working together to develop a plan for their school or community, please contact Lori. | All members | April 12, 2023 |

Other: Next FPC meeting is scheduled for April 12th at 1pm. April is the coalitions 4 year anniversary!