

MEETING MINUTES

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| Meeting Name: | Fairfax Prevention Coalition |
| Meeting Date: | April 12, 2023 |
| Meeting Time: | 1:00pm-3:00pm |
| Venue: | Virtual |
| Attendees: | Joy Sweeney (CADCA), Carrie Cannon (Health Department), Maia Cecire (Healthcare Advisory Board- Franconia District), LaBarron Burwell (Peace Academy), Emily McPhie (Al-Anon), Marvin Quintero (Northern VA Family Service), Lazaro Pesina (NOVA Salud), Raymond Paden (CSB), Marla Zometsky (CSB), Kierystan Johnson (CSB), Jeanine Finch (CareFirst BCBS), Kristy Vitter (Health Department), Ashley Summers (Dominion Hospital), Mary Righi (GMU MAPS), Stefan Mascoll (FCPS), Anis Saccoh (CSB), Zubair Saeed (NCS), Rae-Marie Gulan (Recovery Centers of America), Josh McQuiston (NCS), Ellen Volo (Fairfax Opioid and Substance Use Taskforce Coordinator), Anect Rivas (DEA), Lori Naveda (FPC Coordinator/CSB) |

Meeting Notes:

Presentation: "Sustainability and Change" by Joy Sweeney, Ph.D. (CADCA)

- Building relationships increases sustainability.
- Relationship building is friendship building (intentional communication, common goals, multiple check-ins, work together)
- The Partnership Continuum (coordination, cooperation, collaboration, and partnership)
- Budgeting for Now and Later
- Succession Plan with Training Considerations (Identify who would fill for individuals in key roles. Create a training plan.
- Outcomes- An increase in funding (diversify funding)
- Suggested the development of a sustainability committee for FPC.

What can the Fairfax Prevention Coalition do to ensure sustainability? Address on the expansion of the FPC to smaller coalition groups, to target specific communities within Fairfax County. With a county as big as 2.5 million community members, we want to ensure we are identifying specific needs.

FPC Updates:

The Coalition is celebrating 4 years of service!

All Workgroups: Continuing to meet monthly, working together and sharing resources. If you know any community members who would be interested in joining any of the workgroups, please contact Lori.

Alcohol Workgroup: The workgroup continues to provide information regarding Talk, They Hear You (TTHY) to the community. A TTHY presentation was delivered on April 18, 2023, at the Vienna Community Center (Phoenix Teen Center).

The workgroup also has created the Festive Fun Alcohol-Free Drinks flyer, a resource that can be provided to the community, which highlights ways we can enjoy nonalcoholic beverages (mocktails). FPC members were asked to provide their thoughts about the flyer and make suggestions on how we can use this flyer in the community, especially with end of year celebrations, prom, summertime approaching. An idea was posed that the FPC could reach out to local restaurants and see if they will disseminate this information during restaurant week.

Campaign Workgroup: The work of the campaign workgroup will move to the larger coalition monthly meeting, giving all members an opportunity to provide input and support.

During National Drug Facts Week in March, FPC partnered with INOVA and provided resources and information to approximately 60 people on INOVA's campus. Information included information on Drug Take Back Day and year-round safe disposal options, along with other related resources.

The next campaign the FPC will highlight is Prevention Week in May (May 7th-13th). Resources will be provided.

Opioid Workgroup: The FPC highlights the [National Fentanyl Awareness Day](#) on May 9th. Toolkit shared with Coalition, which contains resources that highlight the impact of Fentanyl on the community. Continue to share REVIVE! Trainings to the community.

Tobacco/Marijuana/Vaping Workgroup: Continuing to gather responses and feedback for the toolkit.

Additional Updates:

- Harris Teeter medication bags- The FPC now supports 4 sites-McLean has been added as an additional site.
- [FDA approves Narcan](#) being sold over the counter.
- [Drug Take Back Day](#) - April 22 from 10-2pm- Coalition members can begin sharing the date and time of DTB. Flyers will be provided as the date gets closer. There will be 9 locations total to include a new location (Town of Vienna PD). FPC is encouraged to volunteer and can contact Lori if interested. Continue to share the Safe Disposal flyer. This helps to increase awareness of permanent disposal sites and safe disposal information.
- FPC partners with GMU Student Health Advisory Board on April 25, 2023, 11a-2p to provide Rapid REVIVE! and resources for students. FPC members encouraged to volunteer. Reach out to Lori if interested.
- FPC website is in the process of being updated. A website launch will be shared on an upcoming FPC Newsletter.
- [Community Coalitions of Virginia \(CCOVA\)](#) monthly meetings are held monthly from 11a-1pm. Interested FPC members are invited to attend along with Lori. If interested in attending, please let Lori know.

Resource Sharing:

- [FCPS](#): An opioid focused town hall meeting is scheduled on April 24, 6:30-8pm at Woodson High School. SAPs, Opioid and Substance Use Task Force, and principals from local schools will present. Narcan will be provided along with brief training.
- Holself Wellness Inc.: Mental Health hygiene workshops, virtual walk and talk wellness group. See [website](#) for more information and offerings.
- PG County Schools students created PSA, talking to students about the effects of opioid misuse ([English](#) and [Spanish](#) available).
- [DEA: Free lunch and learn](#) with presentation by American Medical Association about opioids (fentanyl, opioids, and pain management)
- [21 Day WELL Challenge - National Wellness Institute](#)

| Action Items: | | | |
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| No. | Description: | Responsible party/parties: | Due by: |
| 1. | If Interested in volunteering for the FPC/SHAB event that will be held on April 25, 2023, 11am-2pm, contact Lori Naveda . | All | April 21, 2023 |
| 2. | Spread the word about Drug Take Back Day, April 22, 2023, from 10-2pm. Community members can dispose of their unused and expired medications at 9 locations in Fairfax County. If interested in volunteering at one of the Drug Take Back sites, please contact Lori Naveda . | All | April 21, 2023 |
| 3. | Any interested community members are welcome to join the FPC workgroups. If you know anyone who may be interested in joining, please contact Lori Naveda . | All | Ongoing |
| 4. | If interested in attending the CCOVA monthly meetings, please reach out to Lori. | All | Ongoing |

Other: Next FPC meeting is scheduled for May 10, 2023