

## MEETING MINUTES

Meeting Name:	Fairfax Prevention Coalition
Meeting Date:	Wednesday, February 8, 2023
Meeting Time:	1:00pm-3:00pm
Venue:	Virtual
Attendees:	Lori Naveda (CSB/WHPP), Ashley Summers (Dominion Hospital), Anis Saccoh (CSB/WHPP), Carrie Cannon (Health Dept), Carolyn Probizansky (Newport Healthcare), Ellen Volo (Fairfax Opioid & Substance Use Task Force), Emily McPhie (Al-Anon), Katie Scipione (CSB/WHPP), Kristin Sievers (Intern, Fairfax Opioid & Substance Use Task Force), Lyn Tomlinson (CSB/Deputy Director Clinical Operations), Marla Zometsky (CSB/WHPP), Marlon Murphy (County Executive Office), MPO Reanna Jackson (FCPD/Fair Oaks), Maharun Mia (GMU Student Health Advisory), Maia Cicere (Healthcare Advisory Board/Franconia District), Raymond Paden (CSB/WHPP), Sarah McDade (Family Support/Volunteer), Kevin Reynolds (FCPD/OIU), Rob Shelton (FCPD/OIU), Rae-Marie Gulan (Recovery Centers of America), Zubair Saeed (NCS), Jonathan Melendez (NCS), Patricia Moreno (Anthem Healthkeepers Plus), Wendy Hunt (CSB/WHPP)

### Meeting Notes:

**Presentation:** Kevin Reynolds/Rob Shelton- Fairfax County Police, Overdose Investigation Unit- What are we seeing here in Fairfax County?

- Spring 2020- saw a shift in market, in the area regarding drugs people were using. Started to see 30mm Oxy's hit the market and have been inundated since then. Counterfeit Xanax has died down.
- Seeing Fentanyl cut into powder cocaine, meth, molly/MDMA.
- Dec 2021- saw an uptick in juvenile use- FCPD began tracking nonfatal overdose and were able to see patterns in phone communication.
- Youths current preferred method of use appears to be smoking it with foil- occurring in bathrooms at school.
- What are current street names? The blues, 30's, "ercs", "do you want to go jam"- Check the DEA website and view the emoji sheet to see what kids are using today. [Emoji Decoded.pdf \(dea.gov\)](https://www.dea.gov/emoji-decoded)
- Are you seeing shifts in Xylazine? Starting to see effects of it here now. A couple recent cases have come back positive for it, the trend in surrounding areas shows an uptick in this, which we can anticipate to occur in our area as well.
- Thoughts on connecting with Veterinarians? FCPD has not yet done research to see where the primary way that it is coming in, although likely coming in bulk off dark web and/or in the

mail, similar with other drugs- educating veterinarians could be beneficial for continued awareness, Narcan, safe medication storage, etc.

- Fentanyl, how widespread is it? In 2020 we saw a lot of Heroin/Fentanyl mixtures, but now Fentanyl is a factor in the vast majority all recent fatal overdose- several cases where persons using other substances (cocaine, etc.) did not realize their drug was cut with Fentanyl. The market is saturated and easy to get. Seeing juveniles paying around \$10 a pill.
- Variety of analogues of fentanyl are continually presenting. Fentanyl test strips are not going to test positive for an analogue of fentanyl. Important to relay this information with others.
- Do you have any new ideas related to prevention efforts? Not new, but would continue to target juveniles by outreach, to parents as the parents should be the frontline to knowing what is out there, what are kids being exposed to, and strategies/tools for monitoring/education/awareness, monitoring phones/social media, etc.
- Hidden in Plain Sight presentations have been well received- facilitated at Sully District station and directly in the schools.
- Is there any data about non-fatal vs fatal OD? And is the impact that it has one different communities/populations? There is great information on the Opioid Dashboard, that is updated monthly:
  - [Opioids | Topics \(fairfaxcounty.gov\)](#) updated monthly- compares trends overtime, utilized info from Public Safety to include info on emerging trends, etc.
  - [Opioid Overdoses in the Fairfax Health District | Health \(fairfaxcounty.gov\)](#)
- What can we do as a coalition? Parent education- what to look for and what community can do. Continue to utilize and share about the *Talk. They Hear You.* presentation and resources. Possibly have a combined effort where we are providing parents with *Hidden in Plain Sight* and TTHY and a panel discussion.
  - [Underage drinking prevention - Talk. They hear you. | Community Services Board \(fairfaxcounty.gov\)](#)
  - ["Talk. They Hear You."® Underage Drinking Campaign | SAMHSA](#)
- A Shift in language use can help to shift perception in community members- *Opioid Poisoning vs Opioid Overdose*- less stigma attached to it. Broaden the responsibility among community members to other than just the parents- this can be done in use of language. Train and equip community ambassadors to help them to have talking points to educate and use within their communities.

#### **FPC Updates:**

##### ***Workgroups-***

*Opioid Workgroup-* working towards gathering and standardizing info to get resources sent out to community.

*Alcohol Workgroup-* working on getting TTHY information out to community. There has been some interest from different groups (Vienna Community Center, Opportunity Neighborhoods, etc.). Additionally, FPC member Kristin Johnson (local pediatrician) presented TTHY to her families. 20 people were in attendance. Kristin indicated it was well received and parents took resources with them.

*Tobacco Workgroup*- working on a toolkit, would like feedback from a handful of coalition members before finalizing the toolkit. If interested in reviewing and giving feedback, let Lori know.

*Campaign Workgroup*- will provide resources during Drug Facts week, will have more info to share at next meeting.

*All Workgroups*- New workgroup members are welcome, if you know anyone who may be interested in joining, please let Lori know.

#### **Additional FPC Updates-**

***SAMHSA Prevention Day/CADCA FORUM***- a lot of really great information, networking opportunities, and resources were shared. Great to see there was some good youth involvement. One breakout session from *CTAD (Community- The Anti-Drug) focused on Positive Prevention Messaging*. We will likely have them come back to present and reiterate on how we can phrase things to be more effective/positive in our prevention messaging.

***Drug Take Back Day*** - April 22 from 10-2pm- Coalition members can begin sharing the date and time of DTB. Flyers will be provided as the date gets closer. There will be 9 locations total to include a new location (Vienna PD). FPC is encouraged to volunteer, and a volunteer sign-up sheet will be provided to members. In the meantime, continue share the Safe Disposal flyer. This helps to increase awareness of permanent disposal sites and safe disposal information.

**CCOVA**- FPC is a member. You are encouraged to sign up for mailing list and attend meetings if able to. Meetings are informative and provide useful information.

#### **Resource Sharing:**

- *REVIVE!* open enrollment courses being offered.
- *Talk. They Hear You.* open enrollment courses being offered: [Underage drinking prevention - Talk. They hear you. | Community Services Board \(fairfaxcounty.gov\)](#)
- One Pill Can Kill [One Pill Can Kill \(dea.gov\)](#)
- CADCA-Practical Theorist on Fentanyl - [Practical Theorist 13: Fentanyl: Why Fentanyl/Why Now | CADCA](#)
- FCPS Parent Presentations [Alcohol, Tobacco, and Other Drug Programs | Fairfax County Public Schools \(fcps.edu\)](#)
- [Opioid Overdoses Continue; Learn How to Get Help | News Center \(fairfaxcounty.gov\)](#)
- Starting March 2023, Medicaid will start reviewing and then in April 2023 the paper renewal packets will start. Help point community members to local services to help them with completing the renewal packets, so they don't lose their Medicaid. - Patricia Moreno Community Relations Rep III, Marketing and Member Engagement-Anthem HealthKeeper's Plus -#: (703)835-2986
- Newport Healthcare has facilities in the Fairfax area for youth and young adults with variety of levels of care (primary MH, secondary SA). If anyone is interested in having a tour of any of the facilities and meeting the staff, let Carolyn know.  
carolyn.probizansky@newporthealthcare.com

Action Items:			
No.	Description:	Responsible party/parties:	Due by:
1.	The Tobacco workgroup is looking for members who would be interested in providing feedback for the Toolkit. If interested in reviewing and giving feedback, let Lori know.	Interested members	
2.	New workgroup members are welcome, if you know anyone who may be interested in joining, please let Lori know.	All members	ongoing
3.	Spread the word about Drug Take Back Day, April 22, 2023, from 10-2pm. Community members can dispose of their unused and expired medications at 9 locations in Fairfax County.	All members	April 22, 2023

Other: Next FPC meeting is scheduled for March 8, 2023, at 1pm

At the next FPC monthly meeting, The Student Health Advisory Board (SHAB) at GMU, will share what they are doing on the GMU campus and student life.