



# Fairfax Prevention Coalition Newsletter

**Fairfax Prevention Coalition Mission:  
"A healthy and safe community free of substance misuse."**

## Fairfax Prevention Coalition Information and Updates

**Please join the next FPC Monthly Meeting on October 11, 2023,  
from 1-3pm.**

**For those interested in joining any of the FPC workgroups  
(focusing on Alcohol & Tobacco (combined), Opioids and  
Sustainability), please contact Lori Naveda.**

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### **The FPC joined efforts at the Virginia Cooperative Extension/4H event providing Rapid REVIVE and other resources**

A BIG THANK YOU to all the volunteers  
that helped to make this event a success!

We were able to connect with the  
community, provide resources and highlight  
International Overdose Awareness Day  
and other important efforts.



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### **Fun and Festive for Everyone**

Help everyone at your party enjoy the festivities by  
providing fun drinks for everyone, including those who  
cannot or choose not to drink alcohol.

Find alternatives and ways to make everyone feel welcome.

Let's spread the word. Join the FPC in sharing this resource and encouraging healthy alternatives and options.



## Fairfax Prevention Coalition Website

Check out the new and improved coalition website for upcoming events, resources and information about the FPC.

Feel free to share with your community partners.

Fairfax Prevention Coalition Website

## Medication Safety and Disposal Information Opioid Addition



### Fairfax County Opioid Campaign Communication Toolkit

#### SPREAD THE WORD

In 2019-2021, the Fairfax Opioid and Substance Use Task Force led a multi-platform public awareness campaign to bring attention to the opioid crisis and resources available in the Fairfax community. The materials in the toolkit represent different Could Be You communication campaigns that Fairfax County implemented during this time. Images and videos were developed and tested for that campaign, and are now available to download in English, Spanish, Chinese, Korean, Vietnamese, Arabic and French.

Website

Toolkit

### Fairfax County Youth Substance Use Trends and Opioid Response

Fairfax County Public Schools has partnered with Fairfax County Government to provide an educational webinar on youth substance use trends and supports.

Fairfax County Public Schools Website

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## Fairfax County battles fentanyl crisis with community-wide efforts and educational programs

"In 2022, more than 90% of fatal overdoses in the Fairfax County Health District involved fentanyl."

Fairfax County was featured in an article on fentanyl and Fairfax County efforts and educational resources available.

[Article](#)

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### CADCA

#### What's Trending? Infographic Series

CADCA recognizes the importance for our coalitions to stay abreast of trending topics in the substance misuse prevention field. The "What's Trending" infographic series will allow you to share trends with your staff, community members and general audiences through small "bite-sized" facts.



[CADCA Website](#)

[Fentanyl Infographic](#)

[Naloxone Infographic](#)

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### Prince William County Launches Youth Fentanyl Overdose Prevention Campaign

Prince William County launched Fentanyl Exposed, a fentanyl overdose prevention campaign targeting at-risk youth and young adults in the greater Prince William County area. The campaign seeks to empower and educate young people about the risks and dangers of fentanyl-laced substances, such as illicit pills and powders, while providing critical knowledge on how to reduce the risk of a fatal overdose. Fentanyl Exposed is the first campaign in Prince William County to provide fentanyl prevention messaging specifically for teens.



[Website](#)

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# Lock Meds. Lock Guns. Talk Safety.

Lock and Talk is excited to share that the redesign of their website is finally complete. The new website ([lockandtalk.org](http://lockandtalk.org)) is now live and ready for you to share with your communities!

FPC members can continue to promote these efforts and are encouraged to visit the site, check out the and resources and share this amazing news with your community!

Lock and Talk Website

## Safely Secure and Dispose of Unused Medications

Did you know that there are multiple ways that you can safely dispose of your unused and expired medications?

Check out the the information provided on safely disposing of unused and expired medications. Also, find safe ways of securing your medications.

Help us spread the word to your family, friends, neighbors, colleagues. You can share this information and flyer, available in 6 languages, with your friends, neighbors, colleagues and in your social media.

To safely secure your medications, the CSB also offers free medication lock boxes at the following CSB sites:

- Sharon Bulova Center for Community Health, 703-559-3000
- Chantilly Office, 703-968-4000
- Gerry Hyland Government Center (South County Center)
- Gartlan Center, 703-360-6910, Front Desk
- Reston Office – Northwest Center, 703-481-4100
- Pennino Building, 703-324-7000
- Heritage Building, 703-533-5305

For more information:

[Lock & Talk - locking devices for medications and firearms | Community Services Board](#)  
[fairfaxcounty.gov](http://fairfaxcounty.gov)

### FAIRFAX COUNTY COMMUNITY SERVICES BOARD SAFELY SECURE AND DISPOSE OF UNUSED MEDICATIONS

Unsecured, unused and expired medications pose a health risk to your family and community. Proper disposal helps prevent misuse and accidental poisonings and it also protects the environment.



At-Home Medication Disposal	Sharps Disposal	
<b>Mix with an Undesirable Substance</b>  Black out personal information on the prescription label so that it is unreadable. Mix medications with an undesirable substance (kitty litter, coffee grounds, etc.), put in container and throw in the trash. <a href="http://bit.ly/FXCSBDisposal">bit.ly/FXCSBDisposal</a>	<b>Use a Deactivation Kit</b>  Deactivation kits contain a substance that neutralizes medications. Get a free kit from the Community Services Board: <a href="http://bit.ly/med-disposal-kits">bit.ly/med-disposal-kits</a>	<b>Sharps Disposal</b>  Sharps, including Epi-pens, auto-injectors and insulin pens, can be thrown in the regular trash by following these steps: ✔ With a permanent marker, LABEL a rigid container with a screw-on cap (empty laundry detergent bottle or bleach bottle) with "CAUTION" SYRINGES-NEEDLES. DO NOT RECYCLE! NOTE: DO NOT use glass containers, plastic soda bottles, milk jugs, or aluminum cans. ✔ CLIP or RECAP/RE-SHEATH the needle. ✔ SEAL full containers. SCREW on cap. WRAP cap with tape. ✔ DISPOSE of sealed containers with your household trash. ✔ DO NOT recycle sharps or sharps containers. DO NOT place loose sharps directly into trash bags and DO NOT flush sharps down the toilet. Get more information on disposal options: <a href="http://bit.ly/fairfax-haz-waste">bit.ly/fairfax-haz-waste</a>
<b>Drop Boxes</b>  Drop unused medications, including pet medications, in a permanent drop box, in a medication drop box any time during business hours, year-round. Scan the QR code to see year-round drop box locations: National Prescription Drug Take Back Day is held twice yearly (in April and October) at local police stations.	<b>Lock Up Your Medications</b>  A lock box can keep medications safe to protect from misuse or accidental poisoning. Get a free lock box from the Community Services Board: <a href="http://bit.ly/med-lock-box">bit.ly/med-lock-box</a>	

Fairfax County is committed to nondiscrimination on the basis of disability in all county programs, services and activities. Reasonable accommodations will be provided upon request. For information, call 703-324-7000, TTY 711. August 2022

[www.fairfaxcounty.gov/csb](http://www.fairfaxcounty.gov/csb)

Fairfax County Health  
Department website

## UPCOMING TRAININGS AND EVENTS

The next Drug Take Back is scheduled for  
October 28, 2023

The National Prescription Drug Take Back Day aims to provide a safe, convenient, and responsible means of disposing of prescription drugs, while also educating the



general public about the potential for abuse of medications.

Website

Fairfax County will have 9 different sites available for the community to drop off their unused and expired medications.

FPC members are encouraged to volunteer at this event. We will be passing out resources to the community, engaging with community members and partners.

If you are interested in volunteering, please reach out to Lori Naveda.

**Opioid overdose and naloxone education classes** provide you with the knowledge and confidence you need to potentially save a life during an opioid overdose emergency.

Fairfax County/Cities of Fairfax/Falls-Church are eligible to receive free Naloxone and fentanyl test strips after the training.

Share this resource with your family, friends, neighbors and ensure our entire community is provided this valuable resource.

Click on the picture for a list of open enrollment classes available to you.

**REVIVE!**  
Opioid Overdose and Naloxone Education

REVIVE! provides training on how to recognize and respond to an opioid overdose emergency.

Sign up for a free virtual class today.

Go to [fairfaxcounty.gov](http://fairfaxcounty.gov) and search 'revive'.

## Talk.They Hear You Presentations

Have you had conversations about drugs and alcohol? Small, ongoing conversations can do a lot to prevent underage drinking and drug use. Learn more about TTHY by attending a one-hour presentation, led by the Wellness, Health Promotion and Prevention Team (CSB), on the five conversations goals to talk with a youth in your life.

The "Talk. They Hear You." Underage Drinking Prevention National Media Campaign empowers parents and caregivers to talk with children early about alcohol and other drug use.

Sign up now!

Website

**Underage Substance Use Prevention**

**Talk. They Hear You.**  
Small, ongoing conversations can do a lot to prevent underage drinking and other drug use. Starting these conversations early, by age 9, are important, as research shows that children begin to look at alcohol more positively between ages 9 and 13. According to Fairfax County Youth Survey data, about 22.7 percent of eighth grade students say they have tried alcohol; by grade 12, that number jumps to 37.4 percent.

This presentation is for parents and caregivers of children, teens and young adults, to provide practical tips on how start and continue having conversations about underage drinking and substance use.

Learn:

- What you can do to prevent your child from drinking and using other drugs.
- Consequences of underage drinking.
- Why small conversations make a big impression.
- Why you should talk with your child about alcohol.
- 5 Conversations Goals for talking with youth about drinking and other drugs.

Join us for a one-hour presentation to learn the five conversation goals to talk with kids about alcohol and other drugs.

Click the link to register:

Thursday, July 13th, 1:00pm, 343 JYTHY-7-23-23  
Tuesday, July 18th, 11:00am, 343 JYTHY-7-18-23  
Wednesday, July 26th, 6:30pm, 343 JYTHY-7-26-23

Tuesday, August 8th, 1:00pm, 343 JYTHY-8-8-23  
Thursday, August 17th, 11:00am, 343 JYTHY-8-17-23  
Thursday, August 24th, 6:30pm, 343 JYTHY-8-24-23

Tuesday, September 5th, 6:30pm, 343 JYTHY-9-5-23  
Thursday, September 14th, 1:00pm, 343 JYTHY-9-14-23  
Thursday, September 21st, 10:00am, 343 JYTHY-9-21-23

Community Services Board

Fairfax County is committed to nondiscrimination on the basis of disability in all county programs, services and activities. To request this information in an alternate format, call 703.246.7000, TTY 753. C88-20203

**talk**  
they hear you

WWW.UNDERAGEDRINKING.5AMHSA.GOV

## National and Local News

### Youngkin wants to use sewers to track fentanyl use in Virginia

Richmond-Gov. Youngkin wants to surveil sewage to track fentanyl use as part of a plan to address skyrocketing overdoses.

What's happening: Youngkin signed an executive order earlier this week that lays out a



## **U.S. drug overdose deaths hit a record in 2022 as some states see a big surge**

Drug deaths nationwide hit a new record in 2022. 109,680 people died as the fentanyl crisis continued to deepen, according to preliminary data released by the Centers for Disease Control and Prevention.

Eight states saw drug deaths continue to surge by nine percent or more, with the greatest increases of 21 percent coming in Washington state and Wyoming.

Dr. Nora Volkow, director of the National Institute on Drug Abuse, said it's troubling that deaths continue to rise despite the end of disruptions linked to the COVID pandemic.

[Website](#)

## **SUBSTANCE FOCUSED PREVENTION RESOURCES and ARTICLES**

### **What You Should Know About Fentanyl in the Fairfax Health District**



Learn about Fentanyl- what it is, where it is found, and what can be done to promote healthy behaviors.

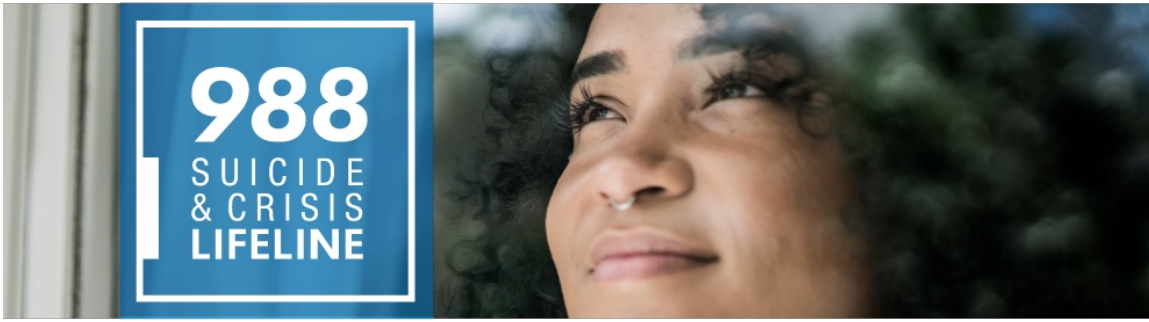
[Website](#)



### **Lift Up Virginia Empowering Communities to Thrive**

The LUV (Lift Up Virginia) Campaign Has Launched!- a statewide campaign dedicated to creating healthy, resilient communities!

Fairfax Prevention Coalition members can work together to build a resilient community. As we identify shared risk factors, we can counteract this together and build strong communities.



The Steve Fund is dedicated to the mental health and emotional well-being of students of color. Right at this moment, there are students of color who are failing academically, suffering emotionally and/or in some cases are facing serious risk, because population-specific factors influencing mental health are too poorly understood and not acted upon. We are taking action. [Learn more.](#)

## MEDIA

### Shareable Media Images Available

Please save these images and share on social media. Help us to share information throughout the community.

**REVIVE!**  
Opioid Overdose and Naloxone Education



REVIVE! provides training on how to recognize and respond to an opioid overdose emergency. Sign up for a free virtual class today.

Go to [fairfaxcounty.gov](http://fairfaxcounty.gov) and search 'revive'.



Opioid Overdose and Naloxone Education Trainings

Be a part of the solution...  
join the Fairfax Prevention Coalition!



fairfaxpreventioncoalition.com



Join the Fairfax Prevention Coalition

### Got expired medications? Dispose of them properly.

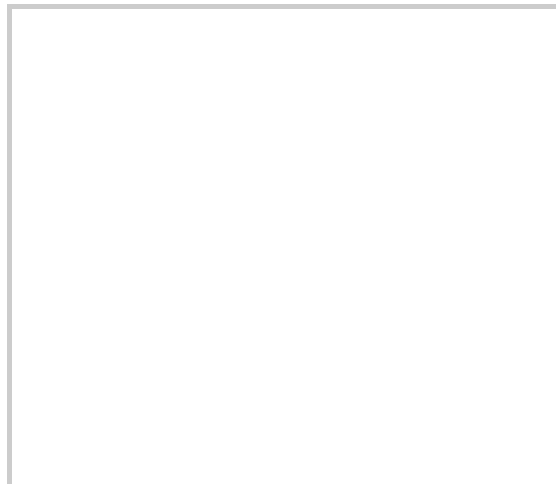
Pick up a medication disposal bag today.



Go to [bit.ly/lock-and-talk](http://bit.ly/lock-and-talk) to find out where to pick up a medication disposal bag.



Safe Disposal of Medications



**NEED HELP QUITTING VAPING?**  
 Try This Is Quitting, a free text-to-quit program.

**CONFIDENTIAL HELP.**  
 Your quitting journey stays between you and TIQ.

**ADVICE FROM REAL PEOPLE.**  
 You'll receive tips and motivation from TIQ's built-in support system of successful quitters.

**24/7 SUPPORT.**  
 TIQ is there whenever you need help with stress, slips, or cravings - no matter the time of day.



TEXT **VAPEFREEFFX TO 88709**



**Storing your medications safely can save the life of someone you love.**

12 rolls of toilet paper.....\$12

6 rolls of paper towels..... \$10

1 liquid hand soap..... \$3

Safe medication storage..... **Priceless**

**Go to [bit.ly/lock-and-talk](http://bit.ly/lock-and-talk) to find out where to pick up a free locking medication box.**



**Lift Up Virginia**  
**RAISING RESILIENCE**

**LUV (Lift Up Virginia) Campaign**  
**Marketing Toolkit**

**CONTACT US:**

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